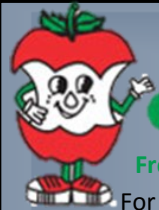




# COVENTRY ELEMENTARY MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!  
Students must take at least one fruit or vegetable.

LUNCH  
PRICE:  
\$2.75



## BAUMAN ORCHARDS, INC.

Fresh local apples grown in Rittman, Ohio



For the 2017-18 School Year, Twinsburg City Schools will be buying only the best locally grown apples for our students! Each month we will feature a new fresh, local apple from Bauman Orchards. We hope your students enjoy the fresh difference!

Aug & Sept.	- Paula Red Apples	February	- Empire Apples
October	- Yellow Delicious	March	- Melrose Apples
November	- Pink Lady Apples	April	- Red Delicious
December	- Macintosh Apples	May	- Fuji Apples
January	- Gold Rush Apple		

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## You Choose, We Serve **SALAD BAR**

**Start with a bed of Fresh Romaine Lettuce & Carrots**  
**Choice of: Popcorn Chicken, Diced Ham or Diced Turkey,**  
**Choice of Cheddar or Mozzarella Cheese**  
**Toppings: Cucumbers, Grape Tomatoes, imitation (vegetarian) bacon bits, Croutons and your choice of low fat Italian or our homemade low fat ranch dressing. Served with a W.G. Hot Soft Pretzel**

### **STRAWBERRY AND MIXED BERRY SMOOTHIE**

**MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES WITH YOPLAIT VANILLA YOGURT**



### **HEALTHY OFFERINGS BACK IN 2017-18**

**AS ALWAYS...WE USE OUR HOMEMADE, FRESH, LOW SODIUM PIZZA SAUCE AND GARLIC PASTE ON OUR WHOLE GRAIN PIZZAS AND CHEESY BREADS**

**Whole Grain Mini Corn Dogs (Chicken) and Whole Grain Mini Pancakes**





# COVENTRY ELEMENTARY 2017-18 MENU

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LUNCH  
 PRICE:  
**\$2.75**

Monday

Tuesday

Wednesday

Thursday

Friday

## AUGUST & SEPTEMBER 2017



WEEK 2 (Beginning)

August 21  
 School Begins  
 on August 23rd



**NEW**  
**MIXED BERRY SMOOTHIE**

W/ HOT SOFT PRETZEL  
 OR PEPPERONI OR CHEESE PIZZA  
 PICK 1 or 2: BAKED CURLY FRIES  
 ROMAINE SALAD w/ DRSG  
 PICK 1: PINEAPPLE CHUNKS  
 Sliced Banana w/ CHOC. DRIZZLE  
**BONUS - FORTUNE COOKIE**

**CHICKEN PATTY SANDWICH**  
 or (2) **HOMEMADE CHEESY BREADSTICKS w/ SAUCE**

PICK 1 or 2: GREEN BEANS  
 SLICED CUKES w/ DIP  
 PICK 1: PEACHES  
 FRESH APPLE SLICES w/ DIP  
**BONUS—CARNAVAL COOKIE**

**NACHOS W/REAL NACHO CHEESE SAUCE**

OR BURGER OR CHEESEBURGER  
 PICK 1 or 2: TEX MEX BAKED BEANS  
**SUNSET SIP—BLENDED VEGGIE JUICE**  
 PICK 1: RED SEEDLESS GRAPES  
 CINNAMON APPLESAUCE

WEEK 3 (Beginning)

August 28th–  
 September 1st

**NEW ITEM**  
**7 MINI PANCAKES**  
 W/ SYRUP w/ 1.5 oz Slice of Fried Ham  
 or PEPPERONI OR CHEESE PIZZA  
 PICK 1 or 2: POTATO TRIANGLE  
 BABY CARROTS w/ DIP  
 PICK 1: WARM CINNAMON SUGAR  
 APPLE SLICES  
 4oz ORANGE JUICE

**WALKING TACO**  
 (TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS)  
 or (2) **HOMEMADE CHEESY BREADSTICKS w/ SAUCE**  
 PICK 1 or 2: BUTTERED CORN  
 BABY CARROTS w/ DIP  
 PICK 1: WATERMELON WEDGE  
 OR CANNED PEARS  
**BONUS—GIANT GOLDFISH GRAHAM**

**You Choose, We Serve**  
**SALAD BAR**

W/ HOT SOFT PRETZEL  
 or STRAWBERRY YOGURT w/ HOT SOFT PRETZEL  
 PICK 1 or 2: BABY CARROTS  
 SLICED CUKES w/ DIP  
 PICK 1: PINEAPPLE CHUNKS  
 Sliced Banana w/ CHOC. DRIZZLE  
**BONUS—CHOCOLATE CHIP COOKIE**

**POPCORN CHICKEN**  
 W/ W.W. MINI HOT SOFT PRETZEL  
 or (2) **HOMEMADE CHEESY BREADSTICKS w/ SAUCE**  
 PICK 1 or 2: BBQ Baked Beans  
**CHERRY STAR JUICE—BLENDED VEGGIE JUICE**  
 PICK 1: PEACHES  
 FRESH APPLE SLICES w/ DIP

**GRILLED CHEESE SANDWICH**  
 OR SLOPPY JOE SANDWICH  
 PICK 1 or 2: OVEN BAKED CURLY FRIES  
 BABY CARROTS w/ DIP  
 PICK 1: RED SEEDLESS GRAPES  
 CINNAMON APPLESAUCE  
**BONUS—FORTUNE COOKIE**

**GREEN PRINT INDICATES VEGETARIAN OPTION**

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

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# COVENTRY ELEMENTARY 2017-18 MENU

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LUNCH  
PRICE:  
**\$2.75**

## SEPTEMBER 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 4 (Beginning)</b> <b>September 4</b>	<b>LABOR DAY</b>  <b>NO SCHOOL!</b>	<b>(5) CHICKEN NUGGETS</b> W/ W.W.DINNER ROLL or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: MASHED POTATOES/GRVY ROMAINE SALAD w/ DRSG PICK 1: WATERMELON WEDGE CANNED PEARS	<b>NEW</b> <b>STRAWBERRY SMOOTHIE</b> W/ HOT SOFT PRETZEL or PEPPERONI OR <b>CHEESE PIZZA</b> PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE TIDBITS Sliced Banana w/ CHOC. DRIZZLE <b>BONUS - FORTUNE COOKIE</b>	<b>CHICKEN PATTY SANDWICH</b> or <b>MACARONI &amp; CHEESE</b> PICK 1 or 2: BROCCOLI W/ CHEESE SCE SLICED CUKES W/ DIP PICK 1: PEACHES FRESH APPLE SLICES w/ DIP <b>BONUS—CARNAVAL COOKIE</b>	<b>NACHOS W/REAL NACHO CHEESE SAUCE</b> OR BURGER OR CHEESEBURGER PICK 1 or 2: TEX MEX BAKED BEANS <b>SUNSET SIP</b> —BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE
<b>WEEK 1 (Beginning)</b> <b>September 11</b>	<b>NEW ITEM</b> <b>7 MINI PANCAKES</b> W/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR <b>CHEESE PIZZA</b> PICK 1 or 2: POTATO TRIANGLE BABY CARROTS W/ DIP PICK 1: WARM CINNAMON SUGAR APPLE SLICES	CHOICE OF JUMBO CRUNCHY OR SOFT TACO w/ lettuce and cheese or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: BUTTERED CORN BABY CARROTS w/ DIP PICK 1: WATERMELON WEDGE CANNED PEARS <b>BONUS—FUNSIZE DORITOS</b>	<b>You Choose, We Serve</b> <b>SALAD BAR</b> W/ HOT SOFT PRETZEL or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL PICK 1 or 2: BABY CARROTS SLICED CUKES W/ DIP PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE <b>BONUS - CHOCOLATE CHIP COOKIE</b>	<b>POPCORN CHICKEN</b> W/ MINI HOT SOFT PRETZEL or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: BBQ Baked Beans <b>CHERRY STAR JUICE</b> — BLENDED VEGGIE JUICE PICK 1: PEACHES FRESH APPLE SLICES w/ DIP	<b>PEPPERONI OR PEPPERONI AND SAUSAGE PIZZA</b> <b>OR HOT SOFT PRETZEL W/ REAL NACHO CHEESE SAUCE</b> PICK 1 or 2: BROCCOLI W/ CHEESE SCE. BABY CARROTS W/ DIP PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE BONUS—FORTUNE COOKIE
<b>WEEK 2 (Beginning)</b> <b>September 18</b>	<b>BREAKFAST BISCUIT SANDWICH</b> (egg, cheese, bacon or TURKEY sausage) or PEPPERONI OR <b>CHEESE PIZZA</b> PICK 1 or 2: 1 POTATO TRIANGLE BABY CARROTS W/ DIP PICK 1: DICED STRAWBERRIES 4oz ORANGE JUICE <b>Bonus—Mini Rice Krispie Treat</b>	<b>(5) CHICKEN NUGGETS</b> W/ W.W.DINNER ROLL or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: MASHED POTATOES/GRVY ROMAINE SALAD w/ DRSG PICK 1: WATERMELON WEDGE CANNED PEARS	<b>NEW</b> <b>MIXED BERRY SMOOTHIE</b> W/ HOT SOFT PRETZEL OR PEPPERONI OR <b>CHEESE PIZZA</b> PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE <b>BONUS - FORTUNE COOKIE</b>	<b>CHICKEN PATTY SANDWICH</b> or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: GREEN BEANS SLICED CUKES W/ DIP PICK 1: PEACHES FRESH APPLE SLICES w/ DIP <b>BONUS—CARNAVAL COOKIE</b>	<b>NACHOS W/REAL NACHO CHEESE SAUCE</b> OR BURGER OR CHEESEBURGER PICK 1 or 2: TEX MEX BAKED BEANS <b>SUNSET SIP</b> —BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE
<b>WEEK 3 (Beginning)</b> <b>September 25</b>	<b>NEW ITEM</b> <b>7 MINI PANCAKES</b> W/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR <b>CHEESE PIZZA</b> PICK 1 or 2: POTATO TRIANGLE BABY CARROTS W/ DIP PICK 1: WARM CINNAMON SUGAR APPLE SLICES 4oz ORANGE JUICE	<b>WALKING TACO</b> (TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS) or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: BUTTERED CORN BABY CARROTS w/ DIP PICK 1: WATERMELON WEDGE OR CANNED PEARS <b>BONUS—GIANT GOLDFISH GRAHAM</b>	<b>You Choose, We Serve</b> <b>SALAD BAR</b> W/ HOT SOFT PRETZEL or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL PICK 1 or 2: BABY CARROTS SLICED CUKES W/ DIP PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE <b>BONUS - CHOCOLATE CHIP COOKIE</b>	<b>POPCORN CHICKEN</b> W/ W.W. MINI HOT SOFT PRETZEL or (2) <b>HOMEMADE CHEESY BREADSTICKS w/ SAUCE</b> PICK 1 or 2: BBQ Baked Beans <b>CHERRY STAR JUICE</b> — BLENDED VEGGIE JUICE PICK 1: PEACHES FRESH APPLE SLICES w/ DIP	<b>GRILLED CHEESE SANDWICH</b> OR SLOPPY JOE SANDWICH PICK 1 or 2: OVEN BAKED CURLY FRIES BABY CARROTS W/ DIP PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE <b>BONUS—FORTUNE COOKIE</b>

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